



25th Annual Pine View Invitational

Date: Friday, April 1st 1:00 p.m.

Saturday, April 2nd 9:00 a.m.

Who: All 1A-5A track teams

Where: Pine View High School – St. George, Utah

Awards: Individual medals for top three places, T-shirt for 1st place individual,

and a Team Championship trophy.

Registration & Cost: Teams may enter up to 60 individuals (per gender) and 1

relay team per relay (per gender). Teams may use an unlimited number of

entries per event (with the exception of 1600 and 3200 which have time limits)

- \$100 per team (with 41-60 individual entries) \$200 for both genders
- \$75 per team (with 21-40 individual entries) \$150 for both genders
- \$50 per team (with 10-20 individual entries) \$100 for both genders
- Or \$5.00 per athlete

Registration Due Wednesday March 30th, 8:00 pm -- No exceptions

Registration will be online at www.runnercard.com; please submit current times for the 800, 1600, 3200 (if a time is not submitted they will not be in the fast heat – please use these maximum time guidelines for registering 3200 runners: boys-11:30; girls-14:00).

E-mail or call us with any questions:

david.holt@washk12.org	435-628-5255
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*Each team will be allowed one entry per relay

January 28, 2016

Coaches,

We are hosting the 25th annual Pine View Invitational on April 1st-2nd. If you are planning on attending please post your entries by March 30th. We are having a spaghetti dinner on Friday night for those teams or individuals interested. The cost will be \$5.00 per person for a plate of spaghetti, green salad, bread sticks, and water or fruit punch. This might be a better alternative to trying to go out in St. George that night. We will have the dinners at the concession stand. If you are interested in this dinner for your whole team, please let us know how many will be attending by March 14th so we can plan accordingly. Thank you.

Sincerely,

Dave Holt
PVHS Track Coach

Pine View Invitational 2016

Schedule of Events

Friday April 1 - 1:00 pm

boys will follow girls in all events
except in the distance events (800,1600,3200)
where girls' seeded will run first followed by boys'
seeded; then remaining girls' heats and remaining
boys' heats in fast-slow order
notification)

Field events will not start
until 4:00 pm*
Except the Long Jump which
will start at 2:00pm*
*(subject to change w/

RUNNING EVENTS

1600 Meter Finals

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles

110 Hurdles

100 Meter

10')

400 Meter

30')

300 Hurdles

at 5')

200 Meter

4 x 800 relay

FIELD EVENTS

Girls Javelin (min 70')

Girls Discus (min 60')

Girls Long Jump (min

Boys Shot Put (min

Boys High Jump (start

Saturday April 2 - 9:00 am

(All Finals)

3200 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles

20')

110 Hurdles

at 4')

100 Meter

400 Meter Relay

100')

400 Meter

300 Hurdles

Girls Shot Put (min

Girls High Jump (start

Boys Discus (min 75')

Boys Javelin (min

Boys Long Jump (16')

800 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

Medley Relay

200 Meter

1600 Meter Relay

* Be advised we will not be contesting the pole vault at all.