

2018 Dixie Invitational Track and Field Meet

- Date:** Friday, April 20 3:00 pm
Saturday, April 21 9:00 am
- Who:** 1A-5A Track teams
- Where:** Dixie High School—St. George, Utah
350 East 700 South
- Awards:** Custom Medals 1st through 6th places in open events and 1st through 3rd places in relays.
- Cost:** \$90 for boys team, \$90 for girls team or \$10 per individual.
- Registration:** Closes Thursday night, April 19, 10:00 pm
Six athletes per event. Each school may enter one team in each relay race (no B-teams for relays or open events).
- Website:** Register your athletes at www.runnercard.com between April 6th and 10:00 pm April 19th.
- Questions:** Email or call if you have any questions:
- | | | |
|--------------|--|--------------|
| Paul Durrant | pdurrant@dmseagle.org | 435-669-7247 |
| Lee Goodrich | lgoodrich@dixiehigh.org | 435-668-7740 |
| Mike Bair | mbair@dixiehigh.org | 435-673-4682 |

2018
Dixie Invitational Track and Field Meet

Schedule of events: Girls followed by Boys in all running events

Friday 4/20(3:00 pm prelims)

1600 m (**Final-slow to fast**)
100/110 m Hurdles
100 m
400 m
300 Hurdles
200 m

Field events

Boys Shot (30 ft min)
Boys Javelin (100 ft min)
Boys High Jump (5 ft starting height)
Girls Discus (60 ft min)
Girls Long Jump (10 ft min)

Saturday 4/21(9:00am) Finals

3200 m
100/110 m Hurdles
100m
400 m Relay
400 m
300 m Hurdles
800 m
1600 m Medley Relay
200 m
1600 m Relay

Girls Shot (20 ft min)
Girls Javelin (70 ft min)
Girls High Jump (4-0 starting height)
Boys Discus (80 ft min)
Boys Long Jump (16 ft min)
Boys Long Jump (16 ft min)