

26th Annual Davis Super Meet - 2019

Girls - March 19th Boys - March 20th

The Girls competition will be held on Tuesday, March 19th

The Boys will be on Wednesday, March 20th. **Events will begin at 3:00 pm.**

The field this year includes Bingham, Clearfield, Corner Canyon, Davis, East, Evanston, Fremont, Herriman, Kemmerer, Layton, Mountain View (WY), Northridge, Riverton, Rock Springs, Syracuse, Viewmont, and Weber. Some individual athletes from other schools may also be in attendance.

MEET INFORMATION AND ENTRY INSTRUCTIONS

1. **The meet will be state qualifying.**
2. **The fast heats will run first in every event.**
3. All entry will be through the South gates of the stadium. There will be separate entrances for coaches/athletes and spectators.
4. Canopies are not allowed in the west bleachers. Canopies in the east bleachers and grass areas outside the track are fine.
5. Everyone will be guaranteed 1 mark if it is under the minimum line:

	Boys	Girls
Long Jump	16'00	12'00
Shot Put	35'00	24'00
Discus	90'00	65'00
Javelin	90'00	65'00
6. Starting heights:

	Boys	Girls
High Jump	5'06"	4'06"
Pole Vault	9'00"	6'00"
7. To facilitate seeding, athletes should report to the starting line or field event area at first call.
8. Shot Put, Discus, Javelin and Long Jump contestants will have three (3) attempts in the trials. The top nine (9) will advance into the finals for an additional three attempts.
 - a. Individual events and relays will be scored: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1
9. Because of the quality of the field, **we will score eight (8) places**, and will include marks from all heats and flights.
10. The discus will begin at 3:00 for Group A: Bingham, Clearfield, Corner Canyon, Davis, East, Evanston, Fremont, and Herriman.
11. Shot put will begin at 3:00 for Group B: Kemmerer, Layton, Mountain View, Northridge, Riverton, Rock Springs, Syracuse, Viewmont, and Weber.
12. Group A and Group B will switch events at the completion of their flights.
13. Athletes making finals in the Shot Put will be called back to the shot put ring around 4:30 Discus finals will follow at about 5:00. Athletes in the finals with conflicts in other events should communicate with the field event official.
14. Javelin will be an open runway for the entirety of the meet. The finals will begin promptly at 5:30 (finalists will be called back prior to finals), all trials throws must be done before 5:30 (No Exceptions).
15. 3-4 heats will be contested in the 800 and 1600 runs. Heats will be arranged with the top 14-18 runners placed in the fast (first) heat, and the remainder in the slower heats.

Super Meet Time Schedule

***Events will be moved ahead when possible**

3:00	Pole Vault	3:00	100/110m HURDLES
	High Jump	3:15	100m DASH
	Long Jump	3:40	1600m RUN
	Shot Put (Group B: 3:00, Group A will follow Top 9 will advance to the finals at 4:30)	4:05	4x100m RELAY
		4:15	400m DASH
		4:30	300m HURDLES
		4:45	800m RUN
	Javelin (Open Runway)	5:00	Medley RELAY
		5:20	200m DASH
	Discus (Group A: 3:00, Group B will follow Top 9 will advance to the finals at conclusion of Shot Put finals)	5:40	3200m RUN
		5:55	4x400m RELAY
		6:10	4x800m RELAY
		6:30	Presentation of Awards

CORNER CANYON = Group A