



----- TEAM TIME TRIALS -----

WEDNESDAY, MARCH 8TH @ 3:00PM

- The Time Trials are an opportunity for athletes to try out the events they are most interested in. Coaches will also use the Time Trials as a way to help select Varsity athletes.

3:00pm - Get Stickers for your Event (First & Last Name, Event, Grade)

ORDER OF EVENTS:

3:10 - Girls 100m Hurdles
3:20 - Boys 110m Hurdles
3:30 - Girls Mile
3:40 - Boys Mile
3:50 - Girls 200m
4:00 - Boys 200m
4:10 - Girls 800m
4:15 - Boys 800m
4:20 - Boys 100m
4:30 - Girls 100m
4:40 - Girls 300m Hurdles
4:40 - Boys 300m Hurdles
4:50 - Girls 400m
5:00 - Boys 400m

Field Events: (open pit)

3:10 - 4:00 - Girls Long Jump
4:00 - 5:00 - Girls High Jump

3:10 - 4:00 - Boys High Jump
4:00 - 5:00 - Boys Long Jump

3:10 - 3:45 - Girls Javelin
3:45 - 4:25 - Girls Discus
4:25 - 5:00 - Girls Shot Put

3:10 - 3:45 - Boys Shot Put
3:45 - 4:25 - Boys Javelin
4:25 - 5:00 - Boys Discus

3:10 - 4:00 - Girls Pole Vault
4:00 - 5:00 - Boys Pole Vault