

# UHSTCA INDOOR INVITE

## TRACK EVENTS

### Friday Schedule

**3:00 pm**    **Track opens**  
**4:00 pm**    1600 M Run  
              400 M Dash  
              4 X 800 M Relay

### Saturday Schedule

**8:00 am**    **Track Opens**  
**9:00 am**    60m HH Prelims  
              60m Dash Prelims  
              4 x 200  
              60m HH Finals  
              60m Dash Finals  
              800m Run  
              200m Dash  
              3200m Run  
              4 X 400 Relay

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## FIELD EVENTS

### Friday Schedule

3:00 pm Check in all Field Events (Ice Oval)  
4:00 pm- Boys' Shot Put (Kearns Rec Center) 35' minimum  
4:00 pm- Girls' Long Jump (ice oval) 14' minimum  
4:00 pm- Boys' High Jump (Kearns Rec Center) 5' 2 opening  
4:00 pm- Girls' Pole Vault (ice oval) 6' 6, 7' 2, 7' 10, 8' 6, then raised 6'' 5:30 pm- Boys' Long Jump (ice oval) 17' minimum  
6:00 pm- Girls' Shot Put (Kearns Rec Center) 25' minimum  
6:00 pm- Girls' High Jump (Kearns Rec Center) 4' 4 opening  
6:30 pm Boy's Pole Vault (ice oval) 8' 6, 9' 2, 9' 10, 10' 6 then raised 6'' 8:30 pm- Boys' Triple Jump no minimums  
8:30 pm- Girls' Triple Jump no minimums

**\*Note: Field event start times are estimates. Events will begin immediately following the preceding event. Please track the progress of the preceding event and listen for calls of your flight.**