

2018 Region VII Championships

Order of Events

Wednesday, May 9th

2:00pm Girls / Boys 1600m FINALS
2:40pm Girls 100m Hurdles / Boys 110m Hurdles TRIALS
3:10pm Girls 100m Dash / Boys 100m Dash TRIALS
3:30pm Girls 400m Dash / Boys 400m Dash TRIALS
3:50pm Girls/ Boys Sprint Medley Relay FINALS
4:15pm Girls 300m Hurdles / Boys 300m Hurdles TRIALS
4:45pm Girls 200m Dash / Boys 200m Dash TRIALS

1:30pm Boys Discus FINALS
Girls Shot Put FINALS
Girls High Jump FINALS
Boys Long Jump FINALS
Boys Pole Vault FINALS
Girls Javelin FINALS

Thursday, May 10th

2:00pm Girls / Boys 3200m FINALS
2:40pm Girls 100m Hurdles / Boys 110m Hurdles FINALS
2:50pm Girls 100m Dash / Boys 100m Dash FINALS
3:00pm **Academic All-Region Presentation**
3:30pm Girls 4x100m Relay / Boys 4x100m Relays FINALS
3:50pm Girls 400m Dash / Boys 400m Dash FINALS
4:00pm Girls 300m Hurdles / Boys 300m Hurdles FINALS
4:10pm Girls 800m Run / Boys 800m Run FINALS
4:30pm Girls 200m Dash / Boys 200m Dash FINALS
4:45pm Girls 4x400m Relay / Boys 4x400m Relay FINALS

1:30pm Girls Discus FINALS
Boys Shot Put FINALS
Boys High Jump FINALS
Girls Long Jump FINALS
Boys Javelin FINALS
Girls Pole Vault FINALS

*** The times posted are the earliest that an event could be run.