

29th Annual Pine View Invitational

Friday, March 26th @ 2:00pm, Saturday, March 27th @ 9:00am



Pine View High School – St. George, Utah

Schedule of Events

Girls will run first in all running events followed by boys except in the distance events (800,1600,3200) which will run as noted.

Field events will all begin at 2:00p on Friday and 9:00a on Saturday. Flights with lower seeded marks compete first, followed by the upper seeded marks.

Friday March 26th - 2:00 pm

Pine View Invitational Session

RUNNING EVENTS

1600 Meters

Adidas Championship Girls
Adidas Championship Boys
PV Invite Girls (slow to fast)
PV Invite Boys (slow to fast)

100 Hurdles

110 Hurdles

100 Meter

400 Meter

300 Hurdles

200 Meter

4 x 800 Relay

Medley Relay

4 x 200 Meter Relay

FIELD EVENTS

Girls Shot Put (min 25')

Girls High Jump (PV Invite start at 4'2")
(Adidas Champs start at 4'6")

Girls Javelin (min 70')

Boys Discus (min 100')

Boys Long Jump (min 16')

Saturday March 27th - 9:00 am

Adidas Championship Session

RUNNING EVENTS

3200 Meter

Adidas Championship Girls
Adidas Championship Boys
PV Invite Girls (slow to fast)
PV Invite Boys (slow to fast)

100 Hurdles

110 Hurdles

100 Meter

4 x 100 Meter Relay

400 Meter

300 Hurdles

800 Meters

Adidas Championship Girls
Adidas Championship Boys
PV Invite Girls (slow to fast)
PV Invite Boys (slow to fast)

200 Meter

4 x 400 Meter Relay

FIELD EVENTS

Girls Discus (min 70')

Girls Long Jump (min 12')

Boys Javelin (min 120')

Boys Shot Put (min 35')

Boys High Jump (PV Invite start at 5'2")

(Adidas Champs start at 5'6")

NEW TO 2021! -

The PV Invite session will include the larger numbers of heats and flights which will be seeded according to the registered seed mark - for the sprint events, these races will be held on Friday.

The Adidas Championship session will take the top two heats of sprint events and race them on Saturday. Field events, distance events, and relays will also be divided into the two sessions and will be held over both days according to the schedule.

1 - As this is an early season meet, seed marks may come from the 2019 season, 2020 meet, or 2021 time trial/indoor meet - if an athlete does not have a mark from 2019-'21, the athlete may be entered into the meet and will be placed in the PV Invite session (exception is the 1600 and 3200 meter races which have a standard)

2 - Please use these time standards for registering 1600 runners: boys-5:30; girls-6:45 and 3200 runners: boys-11:30; girls-14:00 (athletes with no time or those slower than the standards will be removed from the meet).

3 - Athletes may compete in both the PV Invite and Adidas Championship sessions, but not in the same event (unless as an alternate moved into the Adidas Championship session).

4 - Athletes are limited to 4 total events, combining Invite and Championship sessions.

5 - An athlete who's mark qualifies him/her for the Championship session will only moved to the Invite session upon request of special circumstances - any instances will be ruled on a case-by-case basis.

6 - Each team will be allowed one entry per relay which does not count against the total entries. A team may enter either the Medley or 4x800 relay, but not both.

7 - For field events: first attempt will be marked, after which the minimum standard will be adhered to for subsequent attempts. PV Invite Flights will have 3 attempts. Adidas Championship Flight (top seeded flight) will have 4 attempts. There will be no finals for field events.

8 - High Jump Progression

Girls: 4'2",4'4",4'6"(starting height for Adidas Championship),4'7",4'8",4'10",1" thereafter

Boys: 5'2",5'4",5'6"(starting height for Adidas Championship),5'7",5'9",5'11",1" thereafter

9 - GENERAL MEET INFORMATION

- Contestants will check in at the infield bullpen for their events. Field events will check in at their event.
- Running events will be girls then boys (with the exception of the 800, 1600, 3200 which will be scheduled with the Adidas Championship girls race then boys race - 1 heat each - followed by the remaining girls heats in a slow to fast order and the remaining boys heats in a slow to fast order).
- Distance (800-3200) races may start in alleys depending on heat size.
- 4x400 will be run with a three-turn stagger.
- Rubberized track, please use only ¼" spikes (or shorter). Shot Put and Discus rings are concrete. Javelin runway is grass.
- THE INFIELD WILL BE CLOSED TO NON-CONTESTANTS (including coaches) and only open to athletes who have been called for participation and awards.

Initial registration Due Monday, March 22nd, 8:00 PM -- No exceptions -- then a code will be sent out to registered teams to make adjustments until Tuesday at 8:00 PM. The PV Invite and Adidas Championship Sections will be posted Wednesday evening (by email and at pvtrack.blogspot.com) and will be available for adjustments until Thursday evening at 8:00PM at which time the finalized entries will be posted/emailed by Friday morning. Registration will be online at www.runnercard.com.

Awards: Medals for top three individual places in the PV Invite Sections, top five individuals in the Adidas Championship Sections, and top 3 relays teams. (There will be no team awards.)

Finally, on the right hand side will be the various costs. Select the appropriate cost and submit your payment.

- \$200 for both genders Large Team (with 36-50 entries per gender)
- \$150 for both genders Medium Team (with 21-35 entries per gender)
- \$100 per team one gender Large Team (with 36-50 entries) -or- \$100 for both genders Small Team (with 5-20 entries per gender)
- \$75 per team one gender Medium Team (with 21-35 entries)
- \$50 per team one gender Small Team (with 5-20 entries)
- \$20 per Relay (not registering with a full team)
- \$10 per Individual Athlete

Large Team: 36-50 individual entries

Medium Team: 21-35 individual entries

Small Team: 5-20 individual entries

<<Please pay online at myschoolfees.com (instructions on next page) >>

****cost is for registration (athletes/schools who choose not to compete will still be charged upon registration)****