



12th Annual Tiger Trials

Meet Director Contact Information:

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Location	Orem High School Friday April 30th
Meet Info	This year we will go back to our traditional one day meet. It will be Saturday April 30th @ Orem High School. Schedule
Meet Entry	Each team will be allowed to register a maximum of 50 total entries per gender (each athlete event counts as one event). The athlete must have a qualifying time, distance, and height under meet minimums (listed below). They are very reasonable and will allow for a very efficient invitational.
Entry Fee	Each <u>accepted</u> entry will be \$5 and each relay will be \$10 up to a gender max total of \$100 (If over 20 athletes are accepted). The most you would pay for a full boys and girls team would be \$200. **NM will be scratched from entries. Each school can make payments before the meet on myschoolfees.com or by mailing a check to Orem High.
Registration Info	PLEASE DON'T REGISTER ATHLETES THAT YOU DON'T PLAN ON RUNNING. PLEASE BE EXACT IN YOUR REGISTRATION AND DO NOT ENTER MORE THAN 50 EVEN THOUGH THE SYSTEM ALLOWS IT. We will use runnercard.com for all registration. Please enter one athlete asap so that you get meet updates and emails.

2022 Tiger Trials Event Schedule

7:30 AM	Weigh Master - Implements		
7:45 AM	Coaches Meeting – Finish Line		
* All times Estimates	Track Events		Field Events
8:00 AM	Girls 4x800	8:30 AM	Girls Shot
	Boys 4x800		Boys HJ
	Girls 100 H		Girls LJ
	Boys 110 H		Girls Javelin
	Girls 100 M		Boys Disc
	Boys 100 M		
11:00 AM	**National Anthem**		
	Coaches 4x100 (COED)		
	Girls 4x200		
	Boys 4x200		
	Girls 1600 M		
	Boys 1600 M		
	Girls 4x1 Relay		
	Boys 4x1 Relay	1:30 PM	Boys Shot
	Girls 400 M		Girls HJ
	Boys 400 M		Boys LJ
	Girls 300 MH		Boys Javelin
	Boys 300 MH		Girls Disc
	Girls 800		
	Boys 800		
	Girls 200		
	Boys 200		
	Girls 3200		
	Boys 3200		
	Girls 4x400		
	Boys 4x400		

Times are Not exact and we will be on a rolling schedule. IF we get ahead of schedule we will continue to move forward in the meet. Please listen for each event being called. This information is based on past meets & event times can and will fluctuate