



30th Annual Pine View Invitational sponsored by Adidas



Date: Friday, March 25th 2:00 p.m.
Saturday, March 26th 9:00 a.m.

Who: All Utah 1A-6A track teams

Where: Pine View High School – St. George, Utah

We we will be splitting the meet into two sessions: a PV Invitational session and an Adidas Championship session. To facilitate the change, we will no longer have prelims and finals in any events. ***The PV Invite session will include the larger numbers of heats and flights which will be seeded according to the registered seed mark - for the sprint events, these races will be held on Friday. The Adidas Championship session will take the top two heats of sprint events and race them on Saturday.*** Field events, distance events, and relays will also be divided into the two sessions and will be held over both days according to the schedule.

Each team will be allowed one entry per relay which does not count against the total entries. A team may enter either the Medley or 4x800 relay, but not both.

For field events: first attempt will be marked, after which the minimum standard will be adhered to for subsequent attempts. PV Invite Flights will have 3 attempts. Adidas Championship Flight (top seeded flight) will have 4 attempts. There will be no finals for field events.

High Jump Progression (may be adjusted based upon 2022 State and BYU standards)

Girls: 4'2", 4'4", 4'6" (starting height for Adidas Championship), 4'7", 4'8", 4'10", 1" thereafter
Boys: 5'2", 5'4", 5'6" (starting height for Adidas Championship), 5'7", 5'9", 5'11", 1" thereafter

GENERAL MEET INFORMATION

- Contestants will check in at the infield bullpen for their events. Field events will check in at their event.
- Running events will be girls then boys (with the exception of the 800, 1600, 3200 which will be scheduled with the Adidas Championship girls race then boys race - 1 heat each - followed by the remaining girls heats in a slow to fast order and the remaining boys heats in a slow to fast order).
- Distance (800-3200) races may start in alleys depending on heat size.
- 4x400 will be run with a three-turn stagger.
- 4x200 will be run with ... (still gathering info) stagger

- Rubberized track, please use only ¼" spikes (or shorter). Shot Put and Discus rings are concrete. Javelin runway is grass.
- THE INFIELD WILL BE CLOSED TO NON-CONTESTANTS (including coaches) and only open to athletes who have been called for participation and awards.

Registration & Cost: Teams may enter up to 50 entries (per gender) and 1 relay team per relay (per gender).

- \$200 for both genders Large Team (with 36-50 entries per gender)
- \$150 for both genders Medium Team (with 21-35 entries per gender)
- \$100 per team one gender Large Team (with 36-50 entries) -or- \$100 for both genders Small Team (with 5-20 entries per gender)
- \$75 per team one gender Medium Team (with 21-35 entries)
- \$50 per team one gender Small Team (with 5-20 entries)
- \$20 per Relay (not registering with a full team)
- \$10 per Individual Athlete

Large Team: 36-50 individual entries

Medium Team: 21-35 individual entries

Small Team: 5-20 individual entries

Initial registration Due Monday, March 21st, 8:00 PM -- No exceptions -- then a code will be sent out to registered teams to make adjustments until Tuesday at 8:00 PM. The PV Invite and Adidas Championship Sections will be posted (by email and at pvtrack.blogspot.com) and will be available for viewing on Thursday.

Registration will be online at www.runnercard.com.

Awards: Medals for top three individual places in the PV Invite Sections, top five individuals in the Adidas Championship Sections, and top 3 relays teams. (There will be no team awards.)

E-mail or call with any questions:
david.holt@washk12.org

Pine View Invitational 2022

Schedule of Events

Girls will run first in all running events
Friday
followed by boys except in the
lower seeded
distance events (800,1600,3200)
upper seeded
which will run as noted.

Field events will all begin at 2:00p on
and 9:00a on Saturday. Flights with
marks compete first, followed by the
marks.

Friday March 25th - 2:00 pm Pine View Invitational Session

RUNNING EVENTS

1600m

[Adidas Championship Girls](#)
[Adidas Championship Boys](#)
[PV Invite Girls](#) (slow to fast)
[PV Invite Boys](#) (slow to fast)

100m Hurdles

110m Hurdles

100m

400m

300m Hurdles

200m

4 x 800m Relay

Medley Relay

4 x 200m Relay

FIELD EVENTS

Girls Shot Put (min 25')

Girls High Jump (PV Invite start at 4'2")
(Adidas Champs start at 4'6")

Girls Javelin (min 70')

Boys Discus (min 100')

Boys Long Jump (min 16')

* Be advised we will not be contesting the
pole vault at all.

Saturday March 26th - 9:00 am Adidas Championship Session RUNNING EVENTS

3200m

[Adidas Championship Girls](#)
[Adidas Championship Boys](#)
[PV Invite Girls](#) (slow to fast)
[PV Invite Boys](#) (slow to fast)

100m

Hurdles

110m Hurdles

100m Meters

4 x 100m Relay

400m

300m Hurdles

800m

[Adidas Championship Girls](#)
[Adidas Championship Boys](#)
[PV Invite Girls](#) (slow to fast)
[PV Invite Boys](#) (slow to fast)

200m

4 x 400m Relay

FIELD EVENTS

Girls Discus (min 70')

Girls Long Jump (min 12')

Boys Javelin (min 120')

Boys Shot Put (min 35')

Boys High Jump (PV Invite start at 5'2")
(Adidas Champs start at 5'6")