

# Snow Canyon Invitational

## State Qualifying Meet

Start Times: Friday March 11<sup>th</sup>, 2022 @ 2:00 PM  
Saturday March 12<sup>th</sup>, 2022 @ 9:00 AM

Place: Snow Canyon High School Track  
1385 Lava Flow Drive, St. George, UT

Awards: Medals for top 3 finishers per event including relays and Team championship trophies

Cost: \$80 per team/\$160 for both or \$10 per individual (least expensive)

Registration: Registration will be online through [www.runnercard.com](http://www.runnercard.com). **Deadline for entries is Thursday, March 10th, 2022 @ 11:59 pm.** Please submit legitimate times and marks for all events. **Sorry, we are unable to make race day registration changes.**

\*6 participants per team per event. Each athlete is allowed 4 events.

Scoring: Top 8 Places (10,8,6,5,4,3,2,1)

**The Snow Canyon Invitational has typically been one of the state's fastest early season qualifying meets and has featured some very competitive track & field athletes. With our NEW state of the art track we look forward to having another excellent meet this year. We will be contesting the 4X200 and 4X800 for ALL 4A-6A schools. The Medley Relay will be contested for ALL 1A-3A schools.**

Contact Info: Justin Redfearn (435)216-2101 or [justin.redfearn@washk12.org](mailto:justin.redfearn@washk12.org)

**Snow Canyon Invitational  
March 11 & 12, 2022**

**-Schedule of Events-**

**This meet has a rolling schedule, so please listen for the announcer.**

**Friday, March 11<sup>th</sup>**

3:00 PM 1600 M Girls Fast Heat **Finals**  
1600 M Boys Fast Heat **Finals**  
1600 M Girls Heat **Finals**  
1600 M Boys Heat **Finals**  
100 M Hurdles Girls Trials  
110 M Hurdles Boys Trials  
100 M Girls Trials  
100 M Boys Trials  
400 M Girls Trials  
400 M Boys Trials  
300 M Hurdles Girls Trials  
300 M Hurdles Boys Trials  
200 M Girls Trials  
200 M Boys Trials  
4X800 M Girls **Finals**  
4X800 M Boys **Finals**  
**Girls Medley Finals 1A-3A**  
**Boys Medley Finals 1A-3A**

**Saturday March 12<sup>th</sup> (All Finals)**

9:00 AM 3200 M Girls Fast Heat **Finals**  
3200 M Boys Fast Heat **Finals**  
3200 M Girls Heat **Finals**  
3200 M Boys Heat **Finals**  
100 M Hurdles Girls  
110 M Hurdles Boys  
100 M Girls  
100 M Boys  
4X100 Girls  
4X100 Boys  
400 M Girls  
400 M Boys  
300 M Hurdles Girls  
300 M Hurdles Boys  
4X200 Girls **Finals**  
4X200 Boys **Finals**  
800 M Girls Fast Heat **Finals**  
800 M Boys Fast Heat **Finals**  
800 M Girls Heat **Finals**  
800 M Boys Heat **Finals**  
200 M Girls  
200 M Boys  
4X400 Relay Girls  
4X400 Relay Boys

**Friday, March 11<sup>th</sup>**

3:00 PM Girls Javelin (Min-70'0")  
3:00 PM Girls Discus (Min-60'0")  
3:00 PM Boys Shot Put (Min-30'0")  
3:00 PM Girls Long Jump (Start-12'0")  
3:00 PM Boys High Jump (Min-5'0")

**Saturday March 12<sup>th</sup>**

9:00 AM Boys Javelin (Min-100'0")  
9:00 AM Boys Discus (Min-75'0")  
9:00 AM Girls Shot Put (Min-20'0")  
9:00 AM Boys Long Jump (Start-17'0")  
9:00 AM Girls High Jump (Min-4'0")